



Clevelander of the Month

November 2011

Name: Abby French

Hometown: Osawatomie, Kansas

Undergrad: University of Kansas / Massage Therapy Institute

How were you first introduced to Cleveland Chiropractic College?

"My senior year of high school, I shadowed a chiropractor who was a Cleveland graduate, which piqued my interest in the field. Once at KU, I decided to go to law school instead and completed a degree in Political Science. After working for an attorney whose wife was writing a book about natural alternatives to treating Autism, my interest was again centered around natural medicine and I couldn't get my hands on enough reading materials about it. I then took a leap of faith and decided to journey down a completely different path and became a massage therapist, which after practicing in my studio for a year eventually led me to Cleveland. Definitely a full circle."

Who or what inspired you to pursue chiropractic?

"My patients at the massage studio I owned inspired me to pursue chiropractic. I worked on people from all walks of life, who at the end of the day reaffirmed that I made the right decision to become a massage therapist. While I knew this to be true, I felt limited in my scope of practice and wanted to have a greater in depth understanding of the body so I could help my patients reach their optimal health. I then made the best decision in my life by deciding to attend Cleveland Chiropractic College and become a chiropractor."

What has been your favorite CCC course?

"I've enjoyed all my classes and instructors but most notably Tech III, with Dr. Bond and Dr. Mott. This class was our first opportunity to start learning adjustments for the thoracic, lumbar and sacral areas. Knowing that we were learning the skills to carry over in our careers for the rest of our lives was truly exciting. Both instructors were extremely helpful and patient in teaching the techniques and had great enthusiasm for the profession which inspired me that much more."

What has been your favorite memory at CCC so far?

"Attending NCLC and lobbying in Congress for chiropractic in Washington D.C. last February has been hands down my favorite memory so far. I had the opportunity to be in the presence of leaders in our profession and left the experience not only motivated to make a difference, but also proud that I chose to be a part of such a great career. The icing on the cake was that I gained friendships with students all around the country as well as those at our school. The group from Cleveland made countless great memories together that I think back at with tons of smiles and laughter!"

What do you like best about the College's campus?

"It's a beautiful, well-kept facility inside and out. It's also in a nice centralized area Overland Park, which makes for a convenient commute."

How do you feel your education has prepared you for the national board exams?

"I feel the curriculum has set an excellent bar for students to be prepared for boards. Most notably, Biochemistry I and II taught by Dr. Bracho pushed me beyond what I thought was possible to reach my potential. I'm grateful because now, I have gained the intrinsic confidence needed to perform well come board time."

What do you hope to do after graduation?

"My plan right now is to practice in the Phoenix area. I'm very passionate about eastern medicine, including acupuncture and ayurveda so I hope to combine those with chiropractic and massage to provide patients with a truly integrative healing experience."