Paying It Forward

Cleveland alums are giving back to their communities and society through an evolving spirit of volunteerism.

FEATURES: Faculty Focus / New Beginnings / Complete Me / Lasting Legacies
Scene on campus

Chiropractic student Ryan Burdick studies for finals in a hammock he set up on campus to take advantage of the sunny skies of early spring.

Turn to page 28 to read more On Campus news.
Alums pay it forward
Cleveland alums are giving back to their communities and society as a whole through an evolving spirit of volunteerism.

News & Features

Dr. Tuttle retires
After nearly 30 years of service to the University, Dr. William Tuttle ’80 starts his life’s next chapter in retirement.

Dr. Russell begins anew
Dr. Robyn Russell ’14 embarks on her career by providing chiropractic care at an integrative health care facility.

New VPAA leads growth
The University’s new vision and new program plans bring Dr. Gery Hochanadel to campus as the new vice president of academic affairs.
we are cleveland proud

our vision
The Cleveland vision is to be recognized and respected as a leader in health promotion.

our mission
The Cleveland institutional mission is to provide strong, student-centered academic and professional education with a focus in the areas of life sciences and health promotion through education, scholarship and service.

The Doctor of Chiropractic program mission lies in the areas of education, scholarship and service and in the advancement of chiropractic.

on the web
cleveland.edu/magazine

Got your own Cleveland news? Want to comment on a past article or issue of the magazine? Perhaps submit a “Class Notes” or “Memory Lane” item? Or maybe you have an idea for a future story or feature? If so, why not submit your news today? We make it easy to do it all online.

Looking for a way to show your Cleveland pride? Consider a gift to the Foundation. Visit cleveland.edu/giving or call (913) 234-0618 to learn more. Also, use the hashtag below to share your pride for Cleveland via social media. You will be entered into a monthly drawing for a chance to win some cool Cleveland swag.

#WeAreClevelandProud

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CLEVELANDER
Cleveland University
KANSAS CITY
Chiropractic and Health Sciences
THE UNIVERSITY VISION

Listen in on classroom presentations the next time you are on campus. Yes, you will hear class lectures in the basic and clinical sciences, as well as technique instruction, reminiscent of your days at Cleveland. However, today the lecture across the hall from chiropractic pediatrics may be a class in English Composition, College Algebra or Economics.

In addition to the Doctor of Chiropractic degree, today students at Cleveland are completing the general education and science coursework for the two-year Associates degree in Biology, or for the four-year Bachelor’s degree in Human Biology. Most undergraduate students at Cleveland are enrolling in the concurrent B.S./D.C. degree program. However, numbers are increasing with nearly 30 percent of the current undergraduate students earning the B.S. degree completing the requirements needed to enter other health profession degree programs. Word is spreading about the strength and quality of Cleveland’s accelerated B.S. program.

Why Cleveland University? The University structure accommodates the expansion of additional degree programs, and positions the organization for future growth. The institution is now organized as Cleveland University – Kansas City, with a College of Chiropractic and a College of Health Sciences. The A.A., B.S., and the Masters in Health Promotion programs are presented under Cleveland’s College of Health Sciences. In the next academic year, planning calls for the College of Health Sciences to be enrolling students in the A.A. in Radiological Technology, and later to be followed by an A.A. in Occupational Therapy Assistant.

Diversifying the Cleveland educational offerings brings additional opportunities and greater visibility for the University and for the profession within the health care community, and bolsters the resources available to underpin the strength of our Doctor of Chiropractic degree program.

Today, a qualified student may enroll directly after high school graduation, completing the general education and science coursework for their Human Biology baccalaureate undergraduate degree, selecting from a degree emphasis to include, Anatomy, Physiology, Chemistry, Public Health, Health Promotion or Research. This University based program allows the student to move from high school graduation to a doctor within six years through Cleveland’s Concurrent B.S./D.C. program.

As grandson of the founders, and member of a five generation family of chiropractors, my commitment to Cleveland’s chiropractic program remains unwavering. Embrace the University’s vision by introducing someone to the opportunities at Cleveland University. Start by asking, “Have you ever considered chiropractic as a career?” Someone or something planted that idea in you, and it changed your life. Pay it forward.

Yours in health,

[Signature]
TIME TO SHARE. Here we give Clevelanders the opportunity to share their memories or fun stories of their time on campus with fellow alumni and friends.

DR. DORAN NICHOLSON '80: My favorite Cleveland memories are from the time when I was a member of the faculty, and getting to watch the students grow in knowledge. Graduation was always special to me as an instructor.

DR. GARY KURTZ '81: There are so many good memories from my experience at Cleveland that it is difficult to pick just one. A fun memory I still enjoy is the time that Dr. Yennie stopped his lecture, called Joe Schneller up to the front of the room (Joe was obviously suffering from a severe head cold), took out his acupuncture teishin and literally drained Joe’s sinuses in front of the class. (See related photo below of Dr. Richard Yennie ‘53.) A serious one is how it felt to go from silently thinking during initial patient interviews that I really had no right to be there, to actually feeling confidence gained from hands-on experience in the clinic; actually realizing that I had something that truly could change peoples lives. I still remember the encouragement, wisdom, and kind words that Dr. Mangosing shared during our time there.

DR. MICHAEL FRANKLIN '96: I really enjoyed my time working at Cleveland as a teaching assistant in the radiology department.

DR. JESSICA CHRISTIANSEN '02: Getting my peer-reviewed article published in the Journal of Manipulative & Physiological Therapeutics (JMPT) was one of my favorite Cleveland memories.

DR. HEATHER HENRICHS '07: Getting to interact with such amazing faculty as Dr. Barlett, Dr. Beckley, Dr. Beem, Dr. Larsen and Dr. Agocs. Listening to Dr. Cleveland speak about the history of chiropractic in the first year. Attending NCLC events with fellow peers and chiropractic physicians from across the country.

DR. KYLE RUPP '10: My favorite memory at Cleveland was meeting the wife!

1980s

Dr. Larry Lovejoy ’81 is named ‘Chiropractor of the Year’ by the Missouri State Chiropractors Association (MSCA) during the MSCA Convention held June 10-11, 1989, at the Hyatt Regency Hotel in Kansas City. It is the first time that a winner was based on a vote of the MSCA district presidents rather than the president alone.

1990s

The Cleveland-KC StuCo hosts an all-school, spring luau March 28, 1992, at the Holiday Inn near the Truman Sports Complex. A Hawaiian-style, roast pig feast is prepared, and Polynesian dancers provide entertainment. Additional activities include a limbo and a “best Hawaiian costume” contest.

2000s

Senior interns from Cleveland-LA participate in the Los Angeles Police Department Health Fair held Sept. 6, 2001, at Parker Center. Interns attending are Dr. Richard Chung ’02, Dr. Jeff Potts ’01 and Dr. Will Untalan ’01, along with clinician, Dr. John Raithel. The interns give spinal evaluations to 100 officers and employees of the department.

Visit cleveland.edu/alumni-news to submit “Memory Lane” items. Submissions should be about 100 words in length. Those chosen for publication may be edited for style and clarity.
Farewell, Dr. Tuttle

Dr. William Tuttle ’80 retires after 27 years of devoted service to Cleveland and its students. His days are now devoted to his family and hobbies.

< Story & Photo by Scott Vater >

Retirement is a milestone handled differently by everyone. Some struggle with the changes it brings and delay ending their work life. Others know exactly what they want, and are able to take the leap when the time is right. For Dr. William Tuttle ’80, that time was December 2015, and as the fall trimester ended, so too did his 27-year tenure at Cleveland.

Tuttle’s career in health care began in 1962, when he started working as a therapist at Research Medical Center in Kansas City. Eventually, he learned that he wanted to do more to help others.

“I went back to school and Ottawa University was offering classes on the Cleveland campus,” Tuttle said. “I found a better way to take care of my patients, watching the interns treat theirs.”

He enrolled at Cleveland in 1977, and following his graduation in 1980, he opened a practice in Independence, Mo. Tuttle spent the next eight years self-employed, until an opportunity became available at Cleveland. It was a good fit for him, so he stayed. The influence of the Cleveland family was a guiding force from the start.

“I think coming to a chiropractic college with a medical background, I had a lot of questions and wondered how I would fit in,” Tuttle said. “My talks with Dr. Cleveland Sr., Dr. Cleveland Jr. and Dr. Millie Cleveland, discussing history and philosophy changed my life, and my understanding about my future career.”

And during nearly 30 years as a clinician and professor at Cleveland, that future slowly became his past. He enjoyed working with student interns, and marking their progress in the clinic. He was also key in the development of the physical therapy (P.T.) curriculum.

“When I started teaching the physical therapy classes, P.T. wasn’t accepted but by a few states,” Tuttle said. “Now P.T. is used in most states. It’s been fun formulating a new program and seeing it succeed.”

The success of his students over the years was also important to Tuttle. The foundation of his teaching philosophy was based on giving 110 percent. Tuttle took pride in being available to students and staying current on the profession. He has no regrets as an educator.

“I enjoyed teaching and being with the students, helping with cases and learning,” Tuttle said.

With his career in academia behind him, Tuttle’s experience has come full circle. He feels like a student again, learning how to enjoy his new life in retirement. He plans to work part-time. Beyond that, he will pursue hobbies, including woodcarving, playing jazz music and spending time at the lake.

My talks with Dr. Cleveland Sr., Dr. Cleveland Jr. and Dr. Millie Cleveland, discussing chiropractic history and philosophy changed my life, and my future career.”
AS SHE LISTENED INTENTLY to the long list of glowing accomplishments and praise being shared by the speaker at the podium, Dr. Claire O’Neill ’95 at first felt happy for this well-respected doctor who would soon take the stage to accept their well-deserved award. Then, toward the end, O’Neill started to recognize the person Dr. Kay Carver ’71 was describing. It wasn’t long before her realization became reality as she was named the 2015 Alum of the Year.

O’Neill, who is an author, lecturer and owner of GlenFeliz Chiropractic Wellness Center in the Los Angeles suburb of Glendale, said she was “shocked, dumbfounded and pleasantly surprised” to receive the honor. She is the first Cleveland-LA alum to win the award since the unification of the Kansas City and Los Angeles alumni associations in 2014.

“As alumni association president in LA, I was always giving out awards, not receiving them,” O’Neill said. “I have never thought of myself being counted among the many past Alum of the Year recipients. I feel very honored and grateful to now be associated with all those great Cleveland alums who have earned this prestigious award before me.”

O’Neill said winning the award is even more meaningful to her due to the stature of those previous honorees.

“I have held many of them in high esteem, and some of them were my mentors and teachers,” O’Neill said.

A quick look at O’Neill’s career in chiropractic makes it clear that she too is held in high esteem within the profession, and is more than deserving of the honor. She is a sought-after expert in chiropractic, clinical thermography, nutrition, sports injury, women’s health and pediatrics. She co-authored the book “The World’s Best Kept Health Secret Revealed.” In addition, she has served as a regular wellness expert on multiple TV programs, and has served on the boards of the California Chiropractic Association and Rotary International.

Of the many reasons she received the award, O’Neill is most proud of mentoring young prospective doctors.

“My passion is keeping this profession alive and strong through new doctors graduating, and keeping practicing doctors’ passions thriving,” O’Neill said.

Such passion for the profession is commendable. And it makes O’Neill’s honor well-deserved, indeed.
Dr. Edward McKenzie, Holton, Kan., returned from Spain in late 2015 after working as a clinic supervisor at the Madrid Chiropractic College on the campus of Real Centro Universitario Escorial-Maria Cristina. Look for a feature article on his trip in the April issue of the Alumni Matters newsletter.

Dr. Mark Chadwell, San Diego, Calif., established himself as a chiropractor on the U.S. Naval Base in Yokosuka, Japan and the Navy’s Ikego housing area, providing treatment on an as-needed basis by verbal referral. While he could treat patients, he was unable to refer them to the base radiologist for X-rays, because he was not “vetted” with the hospital staff. In spite of this administrative hurdle, he enjoyed serving the chiropractic needs of U.S. military personnel and their families for 2 1/2 years.

Dr. Doran Nicholson, Lee’s Summit, Mo., has been elected apresident of the Missouri State Chiropractors Association.

Dr. Jack Janway, Muskogee, Okla., was the subject of a feature story by the Muskogee Phoenix. The profile explored his journey from a musician in New York and Las Vegas, through his return to school and his career as a chiropractor and acupuncturist. The story also gives details on his branching out to include its use in the equine community.

Dr. Ray Foxworth, Flowood, Miss., has been appointed to the board of directors of The Foundation for Chiropractic Progress (F4CP), a not-for-profit organization dedicated to raising awareness about the value of chiropractic care. Foxworth is universally known in the chiropractic profession and has more than 30 years of experience. He is the president of ChiroHealthUSA, a provider-owned network that helps keep chiropractic care affordable for patients with non-covered services.

Dr. Larry Buck, Iola, Kan., watched a rodeo in Eureka, Kan., nine years ago, which led to a call to minister to What’s new with you?
Share updates about your activities with us and we’ll spread the word for you. You can submit news about your personal and professional achievements and celebrations for inclusion in the Class Notes section. Visit cleveland.edu/alumni-news and fill out the form or send news via email at scott.albright@cleveland.edu

“...My passion is keeping this profession alive and strong through new doctors graduating, and keeping practicing doctors’ passions thriving."

CLEVELAND ALUM DR. CLAIRE O’NEILL ’95

Dr. John Unruh, Rogers, Ark., celebrated a grand re-opening and renovation in Nov. 2015 at Unruh Chiropractic & Wellness Center in Rogers. Unruh and fellow Clevelander, Dr. Steve South ’84 now treat patients in an updated and modern office with equipment that utilizes some of the latest technology in the industry.

Dr. Jessica Tallman ’13 performed the National Anthem at the NCAA Division II (DII) national championship football game on Dec. 19. Held at Children’s Mercy Park in Kansas City, Kan., the game between Northwest Missouri State University and Shepherd University was broadcast on ESPN2.

Tallman was selected to perform after singing at the DII Cross Country Championships in Nov. 2015. A highly decorated former DII athlete at Missouri Southern State University in Joplin, Mo., Tallman was an ideal choice. “The stadium was full of energy and excitement,” Tallman said. “I feel like I always “give” a good anthem, but that performance ranks in my top three.”

Tallman said the experience “awesome.” She was witness to the MIAA’s Bearcats of Northwest winning their fifth national title with a 34-7 victory.
Dr. Jay English ’79 travels the globe to share the healing power of chiropractic with those in need.

MOST HEALTH CARE PROFESSIONALS are willing to go the extra mile to help others, but how many are willing to go 4,000 extra miles? Dr. Jay English ’79 is one who can make that claim. He returned to the United States in January after a 90-day stay in South America, where he provided chiropractic care to those in need.

Based in northern California, English practiced in the San Francisco Bay area for 20 years. Throughout his career, he has also given back, traveling extensively and taking chiropractic to a variety of locales around the globe.

“I have been very fortunate to have worked in Beijing, China, with Dr. Dong Anli and in Singapore, El Salvador and Slovenia and many other venues,” English said. “Thirty-five years of healing art.”

English was drawn to South America after answering an ad on Planet Chiropractic from fellow Clevelander, Dr. Doug Medford ’86, who was seeking a doctor for his practice in Tarapoto, Peru. English found a like-minded practitioner in Medford, and the two shared a similar treatment philosophy.

“We both practice hands-on adjusting, kinesiology, NET, SOT, Gonstead, as well as nutritional counseling, to facilitate the adjusting,” English said. “He is fun, and was a wonderful doctor to work alongside.”

Most of their patients were from Tarapoto and the surrounding areas, but others traveled up to four hours seeking treatment. The tropical conditions made the work taxing as they endured 90-degree heat that felt closer to 110. During his stay, they averaged 50 patients a day, many of whom had been living with back pain for years. English said that many countries have residents who are battling drug addiction, so chiropractic is ideal for those areas.

“Chiropractic is a healing art form, one that’s very creative and immediately satisfying,” English said. “I don’t have to wait for an answer to know if I have helped.”

For those struggling with pain, chiropractic provides immediate results in a way unmatched by any pill or injection. And it is the healing hands of those like English who make it possible for people around the world to find relief.

< Story by Scott Vater | Photo courtesy of Dr. English >
to have worked with organizations to “create a diverse, inclusive economic environment in Sacramento where all people can be valued for their contributions rather than excluded for their differences.”

1994
Dr. Tim Young, Oklahoma City, Okla., is currently serving a term as president of the Oklahoma Chiropractors Association.

2000
Dr. Howard Petersen, Jonesborough, Tenn., uses a variety of adjusting techniques, including Diversified, Gonstead, Thompson and Activator. He is also a Certified Nutritionist, assisting patients with nutritional deficiencies and weight management/loss.

2002
Drs. Eric and Heidi Yeager, Caseville, Mich., are owners of Back-2-Back Chiropractic, with locations in Cass City and Caseville, Mich. In Sept. 2015, they relocated their Caseville office, something they had been considering for several years. The new, larger site will give them the opportunity to broaden their services, allowing them to offer massage therapy, fitness classes and speech therapy. Other health specialists may be added in the future.

2006
Dr. Steven Loehr, Springfield, Mo., was featured in the January 2016 edition of 417 Magazine, as they presented “Faces of 417-Land.” The editors selected individuals in the 417 area code to represent various professions, with Loehr’s practice, Loehr Chiropractic & Acupuncture, chosen as “The Face of Chiropractic.” Fellow Clevelander, Dr. Aimee LaBrie ’09, joined the Loehr team in May 2015.

2008
Dr. Richard Veirs, Rialto, Calif., has opened Inland Chiropractic at 11731 Sterling Ave., Ste B, in Riverside, Calif. Working with Veirs is fellow Clevelander, Dr. Aaran K. Garcia ’02. After passing a stringent, five-step screening process, the practice is a member in good standing of Doctors on Liens, a personal injury and workers compensation network.

2010
Dr. Dustin Brake, Salina, Kan., and Jaci Mae Pottberg were married Aug. 8, 2015. Brake practices at Synergy Chiropractic and Sports Therapy in his hometown of Salina.

2011
Dr. Ashley (Engle) Emel, Columbia, Mo., had a baby girl, Charley Sloan, on Dec. 22, 2015.

Dr. Chad Barnes, Lenexa, Kan., and Elizabeth Rose Nelson were married on Sept. 26, 2015, in Salina, Kan. Barnes practices at F.I.T. Muscle & Joint Clinic in Kansas City.

2012

2013
Dr. Ana Rentas, Gardner, Kan., had a baby girl, Kelani Sofia, on Aug. 15, 2015.

“Chiropractic is a healing art form, one that’s very creative and immediately satisfying. I don’t have to wait for an answer to know if I have helped.”

CLEVELANDER
2016 Issue

CELEBRATING ALUMNI

Dr. Kaibiel chairs board

For the past 40 years, Dr. Jerilynn Kaibel ’75 has been helping patients in Riverside County, California, achieve optimal health through chiropractic care. However, Kaibel’s influence in health care reaches much farther than her practice in Beaumont. As chair of the San Gorgonio Memorial Hospital Board, she is making an impact for the 85,000 residents of the hospital’s district.

“These are exciting times for the hospital,” Kaibel said. “As chair, I’ve had the privilege to help open a 19,000-square-foot emergency department and an 18,000-square-foot ICU.”

Kaibel has been on the 13-member interdisciplinary board since 2007. She is now leading a campaign to raise $200 million for a new patient care building with surgical and diagnostic suites.

“My goal is to know that for the next 50 years the patients in the district have the facilities and care that’s necessary.”

SPOTLIGHT

 Alumni news
Dr. Jason Fechter, Overland Park, Kan., got married to his partner, Caleb Summers, on Oct. 9, 2015.

2014

Dr. Tyler Armstrong, Sioux Center, Iowa, and Dr. Tiffany Hoskins ’15 got married on May 2, 2015, in Kansas City, Mo. They both practice with Armstrong’s father in Sioux Center. Visit siouxcenterchiropractic.com to learn more.

Dr. Danielle Hill, Grant, Neb., was named a semi-finalist in the Miss Nebraska USA 2016 competition, held Jan. 17 at the Rose Theater in Omaha. In 2013, she won the title of “Miss Wooded Hills” in the Miss Kansas Pageant. Hill opened a new practice in Grant in February 2015.

2015

Dr. Frank Siraguso, Kearney, Mo., had a ribbon cutting for his practice, Siraguso Chiropractic of Kearney, on Jan. 21, 2016.

Dr. Brian Asbury, Wichita, Kan., opened Body Shop Chiropractic in August, offering manual and Activator adjustments, sports physicals, athletic taping and acupuncture.

Dr. Adam Behm, Bellevue, Neb., held a grand opening and ribbon-cutting ceremony on July 23, 2015, for his new practice, Behm Muscle & Joint Clinic. In November, after being in business just four months, Behm was named one of Sarpy County Nebraska’s “Best Chiropractors” in 2015 by readers of the Suburban Newspaper Group. Visit behmmjc.com to learn more about Behm and his practice.

Dr. Michelle Hatfield married Coady Andrews on December 5, 2015. She practices at Physical Medicine of Oklahoma in Edmond, along with fellow Cleveland graduates, Dr. Brant Koenig ’06 and Dr. Nathan Traylor ’13. Andrews plays professional soccer for the Oklahoma City Energy.

Drs. Tyler and Kayla Riggs, Pittsburg, Kan., opened Riggs Chiropractic in Pittsburg in Dec. 2015. They specialize in diversified technique, and will be providing other services such as maternity support, wellness care, sports-injury, nutrition and rehabilitation. Their office is located at 2707 N. Broadway, Suite A, in Pittsburg. Call (620) 308-5374 to reach them.

EVERY CLEVELANDER HAS A STORY

Dr. Baxter’s miracle baby

“My daughter, Gemma Eve Baxter, was born rapidly on 7/15/15 at 11:10 p.m. Within an hour, things became very serious as her heart rate went to 300+ BPM and she was taken to the NICU. Nobody knew what was going on and they called CareFlight to take her to another hospital. As the nurses stepped out to arrange to move my daughter, I stepped in to check her out. I walked closer and began to pray and cry, I thought my girl was dying. With one adjustment to her atlas (C1), her heart rate fell to zero and then quickly back to up to 140. The nurses all rushed in to see what was going on. To their astonishment, Gemma’s heart rate was normal. They had no clue what had just happened, and so I told them I adjusted her. They said this is stuff they only read about. Eve means, “to breathe” and “to live,” and it is a fitting middle name for such a perfect little Gem. I am constantly blessed to work in such a great and rewarding profession, but I had no clue that it would save my daughter’s life.” — Story submitted by Dr. Nathan Baxter ’08, Dayton, Ohio

Tell us your story! Visit cleveland.edu/tellus to share your item for a future segment of the “Every Cleveland Has A Story” featurette.
Dr. Simmons remembered

The University was sadly informed of the passing of Dr. Michele Simmons on Dec. 7, 2014. A 1990 graduate of Cleveland-LA, Simmons was a chiropractor, as well as a dancer/choreographer, teacher and lecturer.

Born in Queens, N.Y., Simmons’ feet required braces during her childhood. To strengthen her appendages, and to aid balance, her mother enrolled Simmons in dance classes. The balance issues disappeared, but her love of dance remained for the rest of her life.

Simmons attended New York High School for Performing Arts, and although she was invited to study at the prestigious Julliard School, she chose to become a professional dancer. Based in Los Angeles, her credits included working with Sammy Davis, Jr. in “Golden Boy,” a featured role on the award-winning Motown 25 television special, and appearing with Michael Jackson in his epic “Thriller” video. Her work in classical and modern dance took her around the world. She also taught at California State University and UCLA.

A shoulder injury in the 1970s exposed Simmons to the healing power of chiropractic and incited an interest in health care. She graduated magna cum laude from Cleveland, and opened Healing Arts Chiropractic treating dancers, athletes and entertainers.

After being diagnosed with M.S., Simmons returned to New York to reside with family. She is survived by her sister, Cecily Simmons, and her son, Stephen, extended family, and numerous friends.

Dr. Miller’s legacy lives on

The University was saddened to learn of the passing of Dr. Sigmund Miller ’77, who died on Sept. 17, 2015, following an extended battle with brain cancer. He departed this life at his home, surrounded by family members.

Miller, a Cleveland-KC graduate, was always seeking new ways to enhance the profession. Early in his career, he developed an online resource called chiroprviewpresents.org. Today, this innovative tool for chiropractors is one of the profession’s largest online repositories of information and educational services.

Miller practiced in Fort Lauderdale, Fla., and Kansas City, Mo., until he eventually settled in California. He practiced there for more than 20 years with offices in San Jose and later on in Pleasanton. Miller was also part of a multi-discipline practice in San Francisco for many years.

In 2001, Miller moved to New Jersey where he became executive director of the Association of New Jersey Chiropractors. He took great pride in his more than 10 years of service to the association, and in being on the front lines for chiropractic. His greatest joy was spending time with family and friends. His wife, Laura, said: “Sig’s life was enriched by all the friends he made along the way.”

Those who wish to honor Miller’s memory can make a contribution to the Caroline Vandemark Fund for Brain & Spine Tumor Research, which is administered through Hackensack University Medical Center, 30 Prospect Ave., Hackensack, N.J. 07601. Alternatively, donations can be made in his name to a charity of choice.

REMEMBERING OUR DEARLY DEPARTED

The inevitable passing of alumni, their family members and friends of the University saddens all of us within the Cleveland community. Although they are gone, they are not forgotten. During the last quarter of 2015, Alumni Services learned of the following passings:

Dr. Earl Schroeder ’61 died on Sept. 29, 2015.
Dr. Walter Bonner ’65 died on Oct. 1, 2015.
Dr. David Souder ’73 died on Nov. 3, 2015.
Dr. Kenneth Cartwright ’76 died on Sept. 8, 2015.
Dr. Robert Allen ’77 died Sept. 15, 2015.
Dr. Sigmund Miller ’77 died Sept. 17, 2015.
Dr. Roma Turner ’78 died on Aug. 20, 2015.
Dr. Jon Smith ’79 died on Oct. 23, 2013.
Dr. Sandra Layton ’82 died on Oct. 1, 2014.
Dr. Robert Muck ’85 died Nov. 1, 2015.
Dr. Evonne Phillips ’89 died on July 30, 2015.
Dr. Michele Simmons ’90 died Dec. 7, 2014.
Dr. Collin Keith ’92 died Oct. 12, 2015.
Dr. Kevin Davis ’91 died on Jan. 22, 2016.
As we evolve, we must retain our primary focus on care

DR. CLARK BECKLEY ’75
Vice President of Campus & Alumni Relations

Now that we’re into 2016, let’s take a few minutes to reflect on what transpired last year and what lies ahead.

In 2015, we wrestled with ICD-10’s “meaningful use” documentation and other “nuances” that affect our practices. And yes, at Cleveland, we have been working through those issues, as well as adapting to the implementation of electronic health records in our health center.

But, as we evolve, we still have to retain our primary focus, which is helping people live healthier lives through chiropractic care. We have to remember the core elements of our philosophy:

- The body is a self-regulating, self-healing organism with an innate ability to adapt to a changing environment.
- The nervous system is the master system that regulates and controls all other organs and relates the individual to his or her environment.
- Spinal biomechanical dysfunction in the form of the vertebral subluxation complex may adversely affect the nervous system’s ability to regulate function.
- The central focus of the chiropractor is to optimize health by correcting, managing or minimizing vertebral subluxation through chiropractic spinal adjustments.

At Homecoming 2015, our goal was to blend the realities of today’s world in private practice, while reminding ourselves of our philosophical foundation. I know I am preaching to the choir, but sometimes we have to be reminded.

One of the highlights of Homecoming 2015 was the dedication of the Gerred Family Health Center Reception Area. About 50 donors and friends attended this special event, and I want to thank everyone who helped make it a reality.

As of press time, we were planning for our 3rd Annual Cleveland Alumni Las Vegas Getaway on Feb. 26-28. What a great event offering an opportunity to obtain continuing education hours, while enjoying fabulous Las Vegas. I look forward to this exciting getaway that reunites alums.

Finally, save the date for Homecoming 2016 scheduled for Oct. 7-9. Who knows what lies ahead in 2016? But, I am sure it will be exciting! As always, be safe and be well.

Three basic tenets of success key to future growth

DR. ROBERT RILEY ’01
President of Cleveland Alumni Association

Focus, dedication and discipline are some of the attributes that saw you through chiropractic college, and these are likely the basic tenets you continue to use in practice today. While in school, you were focused on your studies and in practice you are focused on helping your patients, perhaps focusing on a certain method or demographic. At Cleveland, you dedicated a few years of your life to learning everything you could with the end goal of graduating with a doctor of chiropractic degree.

Today, in practice, you are focused on providing competent care with absolute confidence that comes from mastering your techniques, procedures and continuing your education through postgraduate seminars. You had to be disciplined to complete your education when the times or classes were turbulent. Your focus, dedication and discipline continues to see you through as the practice environment continually changes.

The purpose of the Alumni Association is to advance the cause of chiropractic, Cleveland and its graduates, and to facilitate a positive interaction between students, faculty and alumni that promotes Cleveland’s mission of education, scholarship and service. The Association urges you to focus some energy on, and support for, the institution that afforded you the benefits of this great profession by joining the Alumni Association. There are many ways to do so.

Annual memberships are $50. Depending on your fee schedule, that is the investment of only one or two patient visits. Or perhaps you would like to invest $1,000 now for a lifetime membership. Additionally, you could purchase a memorial brick in your name or someone else’s for the entrance courtyard at Cleveland. You might want to invest some time by serving on the Alumni Board or be involved in some of the service activities throughout the year. Furthermore, you can do your part in recruitment by recommending Cleveland and chiropractic as a career—there are not enough doctors of chiropractic in this world!

For more information on how to get involved or to join, please contact Dr. Russell Matthias at (816) 228-5113.
Send A Student

Would you like to help someone find a rewarding career in chiropractic or the health sciences?

Share your Cleveland story with them!

The Office of Admissions will waive the $50 application fee for entering students referred by alumni.

Referring alums will be entered into a monthly drawing for a $25 gift card and some cool Cleveland swag for each successful referral you send!
When I arrived on the Cleveland campus for the first time, I was...

A bit skeptical about the Rockhill neighborhood and the facilities to be honest. But, in the end, I received an awesome education and a great chiropractic foundation to build my career upon.

The course I took that challenged me the most was...

Definitely Biochem I & II. Dr Bracho was tough, but his classes helped me ace my boards. Thanks, Dr. Bracho!

My first real meaningful “a-ha” moment occurred when...

One of the great doctors I had the honor to train under was Dr. Hugo Gibson. He taught my first adjusting class, and was stern about correct technique. Everyone was pretty nervous about their first adjustment as he would keep checking that you had proper set-up. He said “go ahead and thrust like I taught you.” I did, got an audible and felt the joint move. This was the first time I really knew I would be a chiropractor.

Cleveland prepared me for my career in chiropractic by...

Giving me an incredible foundation for the understanding and belief in the chiropractic adjustment.

My journey into chiropractic can be traced back to...

Dr. Stephanie Stumph and Dr. Ed McKenzie. Thank you for encouraging me to become a chiropractor. It changed my life.

The most hilarious thing I remember happening in class was...

First of all, let me say the class I graduated with was a blast! We had a lot of real jokesters; always some sort of prank being done. I had to really think to come up with something that was fit to print, so here it is. I got my first cell phone while in school and knew very little about it. A couple of my classmates took it and set the ringer on high, then the rest of the class kept calling me during lecture. I didn’t know how to shut the damn thing off. I even think Dr. Moore was in on it. Hey class of 2007, Old Man River here knows how to use his phone now!

The people who have influenced me the most in my life are...

My wife, Shannon, who told me I could go back to school at 35 to become a doctor. And, again, I have to mention Dr. Stumph and Dr. McKenzie. Also, my mom, my dad, my brother and God.

When I’m asked what inspires me the most about being a chiropractor, I tell people...

The most inspirational moments are the joy you get from a patient’s overwhelming “Thank you!” when you have helped them out of pain when nothing else they have tried has worked.

My goals as the president of the Kansas Chiropractic Association are primarily to...

Continue where past presidents have left off, trying to make the profession better for chiropractors in the state of Kansas. If it was not for the hard work of the state associations and all the volunteers, it would be almost impossible to practice chiropractic in this state or any other. If you are not a member of your state’s association, then you should be. There are no ifs ands or buts about it.

If I wasn’t a chiropractor, then I would probably...

Be a full-time husband and traveling companion to my beautiful wife.

My personal philosophy is...

Relax and enjoy because this is the only life you get.

This interview has been edited for length, style and clarity.

Photo by Scott Albright
Society today offers many strange contrasts that defy logic. There are some who are immersed in a hyper-materialistic whirlwind of excess, while many others struggle to secure the basic necessities of life. The “some is good, more is better” attitude seems like an empty concept, when so many are lacking even “some,” and “more” is merely a pipe dream.

For that very reason, there must be a benevolent counterbalance. Whether it is helping the young, the old, the downtrodden, or members of the animal kingdom, many Cleveland alums possess a level of compassion and altruism not found in most people. And by giving back, they are paying it forward.

**PAYING IT FORWARD**

*By Scott Vater & Scott Albright*
“...the act of giving is so powerful.”

Dr. Kevin Cressey ’10 practices in partnership with Smith Chiropractic Center in Pasadena, Calif., and views paying it forward as a way to help stay connected to people in his city.

“I am tremendously grateful for being part of this energetic community and the wonderful successes that I have been able to have providing my services to them,” Cressey said. “I find that it should be my duty to at least try to do my part in providing this amazing community with what I can so that it can continue being as vibrant as it is now.”

Each year at Christmas, his office organizes a holiday party that helps to support the Pasadena Jaycees’ “Operation Santa” program. The fee for entrance to the party is at least one gift for the Jaycees, and on Christmas Eve, the toys are distributed to children around the area. The event has become so popular that it now generates 400-500 toys each year.

“Being part of ‘Operation Santa’ has been and will always be incredibly powerful and inspirational,” Cressey said. “Just being able to see the children’s smiles when I walk up to their door is all that matters.”

Cressey believes that giving back comes naturally to those in his profession, but he stressed that everyone can do their part to make a difference.

“I think we can pay it forward no matter what profession we are in and no matter how much we have or don’t have, because the act of giving is so powerful,” Cressey said. “It can be done through money but it can be much more valuable through giving your time and compassion. Taking a moment to help someone else is our duty!”

Service to his community has become a tradition for Cressey. Through his actions with the youth of today, he has played a role in shaping the adults of tomorrow.

Society today offers many strange contrasts that defy logic. For that reason there must be a benevolent counterbalance.”

“...We joined this profession to help people.”

In 2015, Drs. Kayla and Tyler Riggs ’15 opened Riggs Chiropractic in Pittsburg, Kan. Even in the midst of getting their business operational, they were already planning for how they would make a difference outside the office.

“Charitable donation is not just for the people receiving the donations, but also for us as practitioners,” Dr. Tyler said. “We joined this profession to help people and make a difference in their lives — we do that through chiropractic care, and we can do it as well by giving back to our community.”

The Riggs’ have dedicated themselves to being instruments of help for the entire year by adopting a practice mission for 2016. Christened as “A Miracle Year of Wellness,” they have...
instituted a plan to take an active role in several worthy causes in southeast Kansas this year. Being active in their community helps them find ways to give back that are a good fit for them.

In January they focused on “Angels Among Us,” a group that Dr. Kayla calls “a truly amazing organization.” They help patients going through cancer treatments, and having been touched by cancer in their family, the Riggs’ had a special connection with the group and their mission. They participated in the Polar Plunge in February, shifting their focus to the Special Olympics.

“Giving more to others will allow us to fulfill the need in our world for an attitude that many believe has been long forgotten,” Dr. Kayla said. “We are young, we are thought to be the selfish, materialistic and greedy generation. We hope to reverse that mindset. There are good people in the world — we hope to become those good people who can really have an impact on their community.”

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“It’s the right thing to do.”

Dr. Howard Petersen ’00 is paying it forward by assisting our furry friends. Absent the ability to communicate with people, animals are unable to share their needs regardless of how dire. In most instances, they require help from people for many of their comforts. Petersen is in the second year of a program at his Jonesborough, Tenn., practice that combats that issue. The efforts of Petersen Family Chiropractic have produced stellar results.

After learning that the new county animal shelter had a concrete floor and was difficult to heat, Petersen became concerned. Temperatures in northeast Tennessee can sink below zero during the winter, so during the fall, he announced that he and his staff would be collecting blankets for shelter animals.

“It was very popular among our patients, including one who volunteers at the shelter,” Petersen said. “We collected six winter coats for larger dogs, seven pillows and about 60 blankets.”

Petersen has a “soft place in his heart” not only for animals, but also for children and the elderly. He said those three groups are most frequently targeted for abuse, so they are in greater need than other segments of society. His reason for offering help is simple.

“It’s the right thing to do,” Petersen said. “We that have plenty should share with those that do not. It’s American, Christian and just plain humane to take care of those that need it.”

With an average of 70-100 animals in residence at the shelter, the bedding was certainly needed, and was appreciated by the shelter staff and the pets.

“Love, hope, encouragement.”

Feeling overwhelmed, scared and alone after being told by doctors that their son, Hagen, had Down Syndrome, Dr. Richard Williams ’01 and his wife, Christine, of Las Cruces, N.M., turned their uncertainty into a positive for others like them. In Hagen’s first nine months, the Williams’ researched the syndrome and tried to find support locally to help them cope.

Not being able to find what they were looking for prompted them to use their resources to pay it forward by founding the Down Syndrome Families of Las Cruces (DSFLC) support group. DSFLC became active in February 2015.

“We decided to start the group when we realized the was no support in our city for families like ours,” Dr. Williams said. “We wanted to make sure no one ever felt alone like we did when we received Hagen’s diagnosis.”

DSFLC is committed to “providing love, hope, encouragement and support” for parents of children with Down Syndrome. Williams said the group currently has 12 families involved.

“The most gratifying part of this is being able to provide much-needed encouragement and support to other families in need,” Williams said. “My wife received a call a few months ago from a family that just received a prenatal diagnosis. They were devastated, and being able to help them through it from feeling like their world is falling apart to realizing how this child will bless their life is exactly why we started this group.”

Several social events for member families have been organized in the group’s first year. They have had swim parties, barbecues and holiday gatherings. In 2016, DSFLC has two major
fundraisers planned. The first is a “Buddy Day” with clowns, a magician and face painting to celebrate World Down Syndrome Day March 21. Proceeds from raffle tickets and concessions will go to the group. Schools are also helping them raise funds through their “Dimes for Down Syndrome” campaign.

Williams’ commitment to paying it forward extends beyond the DSFLC group. He has expanded his practice, Helping Hands Chiropractic, to include annual trips to India to provide care for the indigent. To support this mission, Williams founded Helping Hands International, a 501c3 organization.

“...making wishes come true is magnificent.”

Grateful for the myriad blessings the chiropractic profession has bestowed upon them, Dr. Christopher Vargas ’09 and Dr. Adana Moses ’09 of Innate Family Chiropractic in Pasadena, Calif., are completely committed to paying it forward to their community and society at large.

For the past five years, the husband-and-wife team has organized a holiday toy drive at their practice. Working with the city of Pasadena, they adopted five to six families each year from 2011 to 2014. From wish lists submitted by the families, Vargas and Moses made sure with the help of their staff and patients that the families’ wishes were fulfilled. Once all the toys and gifts were collected, they were wrapped and then personally delivered by Santa (Dr. Vargas) and Mrs. Claus (Dr. Moses), along with a couple elves (staff members.)

“The toys we deliver to some of these children are the only gifts they get during the holiday season,” Moses said. “Knowing that we made them smile, helped their families out by making their Santa wishes come true is magnificent!”

In 2015, they changed the focus of their toy drive to benefit the Learning Resource Center at Hathaway Sycamores, which provides after-school enrichment programs for children. Vargas and Moses created an Amazon wish list for the learning center, and then patients purchased needed items off the list.

“It was exciting to be able to help the Learning Center and its families by supplying toys and other goodies,” Moses said. “Day in and day out, these children will get to expand their minds, stay off the streets and have a place to go to advance their education.”

Beyond the annual toy drive, Vargas and Moses give back in other ways. They both lead a variety of workshops in the community, and also produce patient education videos that are shared on their website and Facebook page. For all they do, they were voted “Best Chiropractors in Pasadena” in 2015 by the readers of Pasadena Weekly.

“...making wishes come true is magnificent.”

Personal success and achievement is wonderful and we should all desire to have our share. However, service to others makes us realize that success is appreciated more when one works hard to achieve it. It tastes sweeter when it is shared, and it is more richly deserved if it allows us to give back for the greater good for all. That is to have succeeded. ♥

THE SPIRIT OF ‘PAYING IT FORWARD’

The idea of “paying it forward” is not a new concept. An Internet search reveals that it was the subject of a prize-winning play in ancient Greece, as well as a blockbuster movie starring Kevin Spacey in 2000. The practice of paying a gift forward was described in a letter by Benjamin Franklin in 1784, and it has surfaced in several written works since, including the 1916 book, “Garden of Delight,” by Lily Hardy Hammon who wrote, “You don’t pay love back; you pay it forward.”

And while payment can be monetary, it is often more about kindness than cash. A gift of time, or a simple act of good faith can also be classified in the same way. At its core, it’s about helping one who is in need, in the hope that they will, in turn, help another. ♥

“It is often more about kindness than cash. A gift of time, or a simple act of good faith, can also be classified in the same way.”

How are you paying it forward? Tell us at cleveland.edu/magazine
The Cleveland Foundation awarded a grand total of $40,500 in scholarships on Dec. 4. These scholarships are funded by alumni, their family & friends, and other donations. Recipients are holding envelopes and are identified from left to right. They are pictured with representatives for the scholarships awarded.
FIELDS FAMILY
Kendra Plumlee & Gabriel Waterman

CAROL FOSTER MEMORIAL
Megan McRell & Britney Donn

GERRED FAMILY
Derek Garcia & Casey Shipps

GOLF CLASSIC
Jeremy Maass & Dylan Machycek

INTERNATIONAL
Sul Lee

DR. ELIZABETH J. MADDY MEMORIAL
Lauren Palmer, Jessica Campbell & Katie Benson

MARVIN FAMILY
Jessica Lynn Campbell

DR. LESTER E. MENG MEMORIAL
Sarah Graham

DR. MARY JANE NEWCOMB MEMORIAL
Shelbe Pywell & Lindsey Warta

DR. MICHAEL PENNINGTON MEMORIAL
Samuel Somerhalder

GUSTAVUS PETERS MEMORIAL
Breonna Lindberg

SANDEFUR FAMILY RESEARCH
Adam Musich

DR. ETHELBERT STALLING MEMORIAL
Ryan Anson & Chris Hargrave

VANGUARD MEMORIAL
Jerad Barth, Patrick Romni, Callin Walter & Justin Cook

WALFORD FAMILY
Kristen Drumm & Abigail Stanley

VISIT CLEVELAND.EDU/GIVING TO LEARN ABOUT THESE SCHOLARSHIPS & HOW THEY’RE FUNDED.
Honoring the legacy of their parents, and of their family’s multigenerational commitment to the chiropractic profession, the children of the late Dr. Robert F. Klinginsmith ’59 and Mrs. Eula Klinginsmith established the Klinginsmith Family Scholarship in 2015. The scholarship, for students who have D.C. parents, has a foundation built upon Dr. Robert F. and Eula’s life-long influence in chiropractic.

That influence spread far and wide, but it started at home with all four of the Klinginsmith children following their parents into chiropractic. They are Dr. Linda Klinginsmith Tilford ’76, Dr. Robert M. Klinginsmith ’77, Dr. Don Klinginsmith ’83 and Dr. Merri Klinginsmith Meyers ’92.

“Both of our parents were very active in the Missouri State Chiropractors Association throughout the years,” Dr. Linda said. “Mom served in the MSCA Auxiliary, and Dad was a state officer for the MSCA. Growing up, all of us kids attended lots and lots of chiropractic functions with them. My siblings and I take great pride in carrying on the work our parents did in the profession. This scholarship is to honor them, and our hope is that the recipients of it will send future students to Cleveland to become doctors of chiropractic themselves.”

Dr. Don described his parents as “positive thinkers, who fully responded to doing what was naturally right.” Furthermore, he said they were respected for their active participation in all levels of supporting the profession, from their efforts with local- and state-level MSCA leadership to coordinating educational seminars to supporting Cleveland financially and through student recruitment.

“They recognized and acted upon their responsibility to the profession and this dedication inspired the next generation to follow their footsteps,” Dr. Don said. “They served as great examples to bring future interest in chiropractic. It is with great family pride that we continue to support Cleveland students. Four generations is an incredible legacy. The numbers of patients who have received life-saving healthcare in a natural way is a tradition worthy of continuing.”

To make a donation to the Klinginsmith Family Scholarship, or to learn about other giving options, please contact Peg McKee at (913) 234-0618.

Dr. Robert F. Klinginsmith ’59 & Mrs. Eula Klinginsmith

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**MISS HELEN KING BOYER MEMORIAL SCHOLARSHIP**

Miss Boyer was an internationally known printmaker and wig and toy designer. She was very active and known in the “art scene” in both her hometown of Pittsburgh, Pa., and in Kansas City, her home since 1961. Because of her belief in chiropractic and her gratitude for the care she received in the Health Center, Cleveland received a share of Miss Boyer’s estate in 2015. (See page 29 for more on this endowed scholarship.)
Looking for a way to show your Cleveland pride? Consider a gift to the Foundation. Call (913) 234-0618 or visit cleveland.edu/giving to learn more.

Also, use the hashtag to the right to share your pride for Cleveland via social media for a chance to win some swag.

#WeAreClevelandProud
If you take a moment to consider it, a strong case can be made for chiropractic being, in and of itself, an integrative form of health care. Chiropractors address spinal and biomechanical dysfunction, which improves joint function and removes painful interference to the nervous system that may impede its ability to integrate body function. Therefore, chiropractic is positioned to naturally integrate with multiple disciplines in health care as either a first line of defense or a complementary means for patients to achieve overall wellness. This overriding philosophy serves as the foundation for how Dr. Robyn Russell ’14 has begun her career in the profession.

Russell’s journey into chiropractic and integrative health care began unexpectedly, while she was pursuing her undergraduate degree in athletic training at Kansas State University. While working as a student trainer for the KSU track and field team, Russell began suffer from severe headaches.

“They were awful migraines,” Russell said. “I was talking to one of the athletes about my headaches and how debilitating they were and she suggested I try chiropractic. She said many of the athletes went to a chiropractor in the area and loved the results they were getting. I took her advice and I’m so glad I did. Chiropractic helped tremendously with my migraines and I fell in love with it.”

Russell said her positive personal results with chiropractic led her to begin looking into it for graduate school. The more she learned, the more the profession appealed to her. So, after graduating from KSU in 2010, the Kansas City-area native “jumped at the opportunity” to enroll in Cleveland’s “highly regarded D.C. program” to become a chiropractor. She said the next four years were life chang-
ing, preparing her to embark on a career for which she is extremely passionate.

“Dr. Russell said: “What I love the most about chiropractic is that we are treating the cause of pain and dysfunction instead of just the symptoms,” Russell said. “Our patients don’t want the loopy or negative side effects of medications, and they don’t want to ‘tough it out’ through the pain. They want treatment for the actual problem instead of just masking it.”

In formulating her plan for what kind of practice she wanted and her ultimate career goals, Russell was inspired and counseled by two field doctors, Dr. Kendall Payne ’01 and Dr. Peggy Brown-Grantham ’97. Ultimately, she applied her passion for chiropractic and the aforementioned philosophy on integrative health care.

“During my time at Cleveland, I found myself gravitating toward the idea of working with other medical practitioners,” Russell said. “Some chiropractors come off as more exclusive in regard to other medical care, rather than being inclusive. I believe we all have our place in health care, and can obtain the best results for patients by working together.”

While conducting practice research, Russell heard about Dr. Andrea Arvan, an integrative medical doctor who incorporated acupuncture into her practice as part of the clinical team at Kansas City Internal Medicine (KCIM). Russell reviewed the practice structure and mission at KCIM and found a place that felt like home.

“What I saw was impressive as they were moving in the direction to include a wide range of alternative methods of treatment,” Russell said. “Chiropractic wasn’t being offered at that time, so I approached them about adding my services. They really liked me and the ideas I presented, and decided to run with it.”

It was a great success as chiropractic fit in perfectly with KCIM’s philosophy on patient care. KCIM employs 25 doctors with a wide range of specialties.

“KCIM strives to provide quality care no matter what the health issue,” Russell said. “We have rheumatologists, endocrinologists, podiatrists and dieticians. This allows us to care for patients across the board and fosters a team approach to keeping our patients healthy. We have the attitude that ‘it takes a village’ to achieve true health and wellness. I’m inspired by the work we’re doing at KCIM, and I’m proud to be a part of their arsenal.”

This sheer enthusiasm for chiropractic and her KCIM practice mirrors Russell’s personality and zest for life. She is committed to “doing my best, no matter what the activity.” In her spare time, she travels, runs half marathons, plays with her border collie, Mya, and spends time with her family, as well as her fiancé and fellow Cleveland, Dr. Adam Love ’14.

Visit kcim.com to learn more about the facility and Russell’s chiropractic practice. She can reached via email at rrussell@kcim.com or at (816) 943-0706.

DR. RUSSELL ON KCIM: “We have the attitude that ‘it takes a village’ to achieve true health and wellness.”
Founders Day event blends past & present, while preparing Cleveland students for their future.

The 4th Annual Founders Day celebration at Cleveland University-Kansas City were energized by a stellar collection of speakers from the profession. The June 11 special event served as an alternative learning experience for those pursuing the Doctor of Chiropractic (D.C.) degree. Founders Day featured Cleveland alumni and clinicians, as well as guests from outside the University, all gathering to share their knowledge with current students.

Dr. Clark Beckley, vice president of campus and alumni relations, welcomed the crowd of more than 320 students and special guests gathered in the Assembly Hall by sharing the itinerary for the day. He then lit the fuse for an explosion of knowledge and inspiration, introducing the keynote presenters, Dr. Michael Perusich ’99 and his late wife and chiropractic assistant, Jo Ann, who passed away Jan. 25. The two shared inspirational patient stories, and rallied the audience by reminding them that chiropractors have earned the right to have an integral role in the care and wellness of their patients.

Students then dispersed into various breakout sessions based on their level of progress in the chiropractic curriculum. In her session, Cleveland graduate Danielle Hill ’14 shared her transition from student to doctor of chiropractic, and how to set a career course for success. Leading other breakout sessions were Cleveland alums, Dr. Kyle Gulledge ’09, who shared his thoughts on chiropractic philosophy, and Dr. Kyle Rupp ’10, who offered guidance on how to develop an evidence-based practice.

Additional offerings came from Dr. Perusich, who shared a presentation about sports chiropractic, and from the late Jo Ann Perusich, who spoke about practice marketing. Another breakout presentation titled “The Congruent Chiropractor,” was given by special guest, Dr. Mark Sanna. For students in the middle stages of the D.C. program, breakout sessions included demonstrations of various adjusting techniques.

Following the morning sessions, attendees returned to the Assembly Hall for a joint keynote address offered by Sanna and Dr. Carl S. Cleveland III, president. The day concluded with an outdoor lunch.

Beckley said these events help keep students focused on where they are and where they’re going.

“Founders Day is important in that it brings the campus community together for a positive event, which generates camaraderie and pride,” Beckley said. “It’s important students be reminded of our history, and be introduced to the opportunities that await them upon graduation.”

Founders Day was conceived to honor Cleveland’s founders, and to motivate and inspire those pursuing a career in chiropractic.

The founding principles. Even as Cleveland has evolved from its humble beginnings as a chiropractic college, the same pioneering spirit of its founders — Dr. Carl S. Cleveland Sr., Dr. Ruth R. Cleveland and Dr. Perl B. Griffin — is alive and well as Cleveland University-Kansas City trains tomorrow’s chiropractors and health sciences professionals to be the difference.
Talent shines bright at picnic

The annual Cleveland’s Got Talent variety show and picnic overcame the overcast skies of mid-May as the talent of several students shined bright.

CLEVELANDERS GATHERED MAY 15 to celebrate the start of the summer trimester with an outdoor party, complete with a cookout and live entertainment. Cleveland’s annual back-to-school picnic featured the 3rd Annual “Cleveland’s Got Talent” contest for students. Competing for a chance to advance to the national “Chiropractic Has Talent” event were three diverse musical acts. Each took the stage with their eye on the prize — a trip to California to compete at nationals for a chance to win $15,000.

Combining the buzz of summer, a free meal of hamburgers, hot dogs and a variety of sides and spirited music made the event memorable. Judges for the talent show were Sarah Shelnutt, undergraduate coordinator; Benjamin Ford, chiropractic assistant; and Teresa Cordell, StuCo treasurer. Performers included students Marina Mangano, who sang “The National Anthem” a cappella; Craig Stramel, who played guitar and sang “Flake” by Jack Johnson; and Blake Wetzel, who did an Elvis impersonation with “ Burning Love.”

When all the votes were tallied, Mangano rose to the top of the competition and earned a spot in the national finals.

“I’m very excited, but I’m sure as the event gets closer the nerves will kick in,” Mangano said. “I’ve never been to California, so that will be a neat experience in and of itself. But also, I haven’t performed in a large competition like this since I was 15. I know I will be competing against some very talented people, so there’s no holding back on this one!”

Jalonna Bowie, director of student services and coordinator of the event, found out later that the national competition scheduled for August 2015 was postponed until 2016. Mangano was scheduled to represent Cleveland in the “Chiropractic Has Talent” finals. The winner will receive the $15,000 grand prize with $7,500 being awarded for second place and $2,500 for third place.

Heartfelt appreciation

Health center patient leaves posthumous gift

Exceptional care given to late artist by chiropractic interns prompts her to bequeath $270,000 to Cleveland’s scholarship fund.

A POSTHUMOUS DONATION was given by a local artist to Cleveland University-Kansas City’s College of Chiropractic in appreciation for the treatment she received at the health center.

Helen King Boyer, a patient at the health center late in her life, left a gift of nearly $270,000 to the University, in part for the care she received as a patient in the 1980s and 1990s.

The gift, now under the stewardship of the Cleveland College Foundation, is designated as the “Helen King Boyer Scholarship Fund.” The interest from this bequest will be used to award future scholarships to students in Cleveland’s Doctor of Chiropractic program.

“Miss Boyer demonstrated great kindness in leaving this gift for our current and future students,” Dr. Clark Beckley, vice president of campus and alumni relations, said. “We’re pleased that the gift came about because of the caring relationship she had with our chiropractic interns over many years.”

Boyer was bedridden for much of the first 10 years of her life by a lymphatic condition. She passed away in North Kansas City in 2012 and funds from her estate were distributed in 2015.

The fine print

• A native of Pittsburgh, Pa., Boyer studied art at the University of Pittsburgh and Carnegie Technical Institute.

• As an artist and printmaker, she worked as a wig designer for the American Character Doll in New York City.

• She moved to Kansas City in 1960, working as a toy designer for several companies before retiring in 1981.

• In 2012, an exhibition of prints by Boyer and her mother hung in the Lauinger Library Art Gallery at Georgetown University.
The University unveils a new program to further bolster its overall mission of health promotion. By participating in WellSteps, Clevelanders are creating a culture of wellness that’s spreading.

Taking Additional Steps to promote wellness in 2015, Cleveland University-Kansas City (CU-KC) announced the addition of a new program that will improve employee health “bit by bit.” The campus entered into an agreement with WellSteps, a company that promotes exercise programs designed to improve the current health of workers, while also lowering potential health risks.

CU-KC also provided employees with Fitbit activity monitors that log movement when worn. Users set up an account through the WellSteps website, and their participation is tracked electronically by WellSteps. Employees can review their progress at any time and can earn points and prizes based on their wellness activity.

The WellSteps program was chosen by the campus Wellness CREW (Clevelanders Reach for Excellence in Wellness.) The organization was started in 2012 with a mission to build a culture that empowers individuals to take responsibility for achieving their personal best in health and wellness. The organization’s activities are aligned with the University’s overall mission of health promotion. Past initiatives have included biometric screenings, balance and fitness assessments and culinary demonstrations for healthy nutrition.

Sarah Shelnutt, a charter member of the Wellness CREW, said the new wellness program simply reinforces the institutional mission.

“In order for CU-KC to live out its mission to be recognized and respected as a leader in health promotion, we must create a culture of wellness not only with students though their education, but also with employees,” Shelnutt said. “That’s why the Wellness CREW was created in the first place.”

The FitBits were distributed in early February, and Shelnutt said early statistics showed that staff participation in the WellSteps program was at 75 percent, substantially higher than previous campus wellness campaigns initiated by the CREW. Staff members have embraced the program, making health a priority.

“I chose to join the WellSteps program because it seemed like a really great motivator to be active and keep me accountable daily,” Benjamin Ford, chiropractic assistant in the health center, said. “Logging my food and essentially keeping a diary of what I’m consuming makes me more aware of what I’m taking in, compared to what I’m exerting.”

The program is affecting change on most of those taking part and changing the culture of the University. And with a program that acts as both motivator and instigator, competition will continue to fuel the success of those taking part.

THE BOTTOM LINE
Established in 2012, the Wellness CREW is charged with encouraging and promoting better living among faculty and staff. The CREW is led by Dr. Karen Doyle, director of the MSHP program.
Annual Royals event precedes World Series championship

Clevelanders converge on Kauffman Stadium June 6 four months prior to the Royals winning 2015 World Series championship.

ON JUNE 6, WHEN THE UNIVERSITY HELD its 13th Annual “Cleveland Day at the Royals” event, there was arguably no better sports outing in Kansas City than a trip to Kauffman Stadium. The red-hot Royals were playing in defense of their 2014 American League Championship, and were picked by most experts to return to the World Series for the second-straight year. It was no wonder that tickets for the event sold out in record time.

More than 450 Clevelanders converged on the stadium for the game against the Texas Rangers. A capacity crowd of nearly 38,000 cheered on their AL Central-leading Royals in a tough contest that ended in a 4-2 loss. In its 13th year, Cleveland’s Royals outing is one of the most popular social events of the year.

“The atmosphere for every Royals game this year is electric because the fans know what this team can do,” Jalonna Bowie, director of student services and coordinator of the event, said. “It’s become a huge tradition at Cleveland. With the Royals’ recent return to glory, it’s a fantastic event to continue providing.”

Clinician, Dr. Richard Day ’08, enjoyed the festivities.

“Our family had a great day out at the K!” Day said. “The food was great and the company was even better. Cleveland really goes the extra mile to make this a special event for students and faculty alike!”

Even in a losing effort, the Royals showed the moxie that is becoming the team’s trademark. The Cleveland contingent left the ballpark energized and ready for another magical season.

And magical it was as Kansas Citians and the world watched the boys in blue vindicated by their historic win in October, which made this early-season loss a distant memory.}

Cleveland team runs in annual charity race

A team of eight Clevelanders participate in charity event to benefit Cystic Fibrosis.

RAINY CONDITIONS DIDN’T DAMPEN the competitive spirit of eight runners from Cleveland University-Kansas City (CU-KC) as they participated in the 15th Annual Brew to Brew Run on April 12. The popular 43-mile relay race began at Boulevard Brewing Company in Kansas City and concluded at Free State Brewery in Lawrence, Kan.

Proceeds from the event benefit Cystic Fibrosis (CF) research. The CU-KC team, called the The Brewtrotters, has taken part in the race since 2012, with Dr. Paul Barlett, anatomy professor, serving as captain.

Barlett was joined in the race by John McGlaughlin, professor; Dr. Corey Sullivan, associate professor; Sarah Shelnutt, undergraduate coordinator; David Foose, director of academic records and support; Dale Marrant, vice president of human resources; Marjorie Bradshaw, assistant to the president; and Jordan Davis, daughter of Dr. Jill Davis, professor.

“Besides the weather, running in a thunderstorm across a bridge with a metal fence and getting lost on the trail once, the team had a great time,” Barlett said.

The Brewtrotters finished in 7:53:25, a testament to the team’s persistence in difficult weather conditions.
Dr. Gery Hochanadel joined the University in October 2015 as the vice president of academic affairs. He is charged with leading Cleveland’s development of new bachelor’s and master’s programs.

“The sky is the limit.”

Dr. Gery Hochanadel is poised to lead CU-KC’s continuing evolution with the identification and launch of several new academic programs.

After being granted university status in 2014, Cleveland began a carefully crafted plan for the transition to Cleveland University-Kansas City. In conjunction with the change in brand identity, a multi-year plan was approved to better position Cleveland on the academic landscape in the years ahead. The proposal involved broadening the educational offerings at the University, while remaining true to the long-standing, anchor program that is the Doctor of Chiropractic degree.

To implement this plan, the University hired Dr. Gery Hochanadel as vice president of academic affairs. Involved with higher education administration for more than 35 years, Hochanadel specializes in the development and launch of new curricula and has an extensive background in accreditation.

Hochanadel recognizes that chiropractic has been the cornerstone of the Cleveland educational experience for decades. However, his research indicates that there is room for significant growth in other areas that would supplement the overall strength of the institution moving forward.

“We developed a three-year plan for new degree programs for inclusion in the University’s Centennial 2022 strategic plan,” Hochanadel said. “This plan for new degree programs is conservative, and will be carefully vetted to ensure that it stays within the overall capacity of the institution and its resources.”

The most important factor? It is to ensure the new degree programs are both mission and philosophically centric to Cleveland. Moving forward, the response to the initial offerings will determine the next program launch.
To prepare for this endeavor, Hochanadel said extensive market study and data analysis was done. The results yielded a favorable response that, based on approval by the Kansas Board of Regents and the Higher Learning Commission, could allow for program expansion as early as fall of 2016.

“We anticipate initiating the Associate of Applied Science with a major in Radiologic Technology, starting in September of 2016,” Hochanadel said. “The Associate of Applied Science, with an Occupational Therapy Assistant major, will be the second associate degree. A new graduate certificate in worksite health promotions will be offered with the master’s degree in health promotion fully online.”

Hochanadel said there are two vital factors in researching and, ultimately, implementing new programs.

“The most important factor is to ensure the new degree programs are both mission and philosophically centric to Cleveland,” Hochanadel said. “Secondly, it is important that we use the data from our market research to direct our program development. Our research uses multiple data sources to tell us the health science careers that are in high demand with substantial growth predicted over the next 10 years, and those with the best salaries.”

Moving forward, the response to the initial offerings will determine the next program launch. Hochanadel said the biggest challenge will be to effectively manage change. There is much work to be done, and Hochanadel looks forward with great anticipation to what lies ahead for the institution.

“Cleveland has a dynamic and rich history with a great reputation,” Hochanadel said. “The sky is the limit; we are only limited by our imagination.”

Ultimately, it is hoped that the expansion and growth of its academic offerings will help further position Cleveland as a leading university for students pursuing careers in chiropractic and the health sciences.

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**BRANDING 101**

Cleveland unveils new brand identity reflecting future direction as university status evolves

Cleveland Chiropractic College is now moving forward as Cleveland University-Kansas City.

“The name change and expanded identity supports the University’s degree program expansion, and is centered around the University’s vision for providing leadership in health science and health promotion education,” Dr. Carl S. Cleveland III, president and leader of the University’s strategic plan, said.

Cleveland University-Kansas City has a storied history, with doctors of chiropractic practicing in all 50 states and worldwide. Founded as Central Chiropractic College in 1922, the school has evolved over the years.

The University’s College of Health Sciences provides associate and bachelor degrees in human biology, with areas of emphasis in anatomy, chemistry, physiology, health promotion and research. It also offers a master’s in health promotion. The bachelor’s degree prepares the graduate for application to medical, dental and chiropractic colleges, among other professional degree programs.

Cleveland University’s College of Chiropractic offers the four-year Doctor of Chiropractic degree. The on-campus health center is an integral part of the chiropractic curriculum, and serves 36,000 patients annually.

“It is important that the name and university identity be crystal clear about where we are headed and why our university matters,” said Jeff Karp, chief financial officer. “The curriculum will be expanded to include additional undergraduate and graduate programs in the near future.”

Dr. Gery Hochanadel, vice president of academic affairs, comes to Cleveland University-Kansas City from Parker University in Dallas, Texas, where he served as provost. He has been instrumental in the expansion of new health services programs in higher education, delivered in both on-campus and online formats.

“The momentum here is palpable,” Dr. Hochanadel said. “I’m pleased to be a part of such a dynamic university, and eager to help expand its footprint across the spectrum of health sciences education.”

As part of CU-KC’s 10-year strategic plan, a new public information campaign and website launched in the fall of 2015.
CLEVELAND researchers made an impact on behalf of the University and its College of Chiropractic with a host of presentations during the most highly regarded chiropractic research event of the year.

**REPRESENTATIVES OF CLEVELAND’S** College of Chiropractic gathered with several hundred colleagues in Las Vegas March 19-21, 2015, for the 22nd Annual Association of Chiropractic Colleges (ACC) Research Agenda Conference (RAC). The event is a combination of the ACC’s annual meeting and scientific/educational conference, which emphasizes educational structure, administration, teaching, and peer reviewed presentations, and the RAC, which focuses on the development of scientific knowledge, skills, and attitudes through workshop sessions.

The theme for the 2015 RAC was “Interprofessional Collaboration.” Those affiliated with the chiropractic profession made the trek to Planet Hollywood Resort & Casino to listen to the research efforts of their colleagues.

Dr. Mark Pfefer, the University’s director of research, led a large group of Cleveland researchers in making presentations at the conference. Pfefer said he was extremely proud of the Clevelanders who presented research and gave overall praise to the event, calling it “one of the highest quality and most productive scientific and educational conferences in the chiropractic profession.”

Cleveland researchers made 10 peer-reviewed poster and platform presentations. Those attending the ACC-RAC with Pfefer were Dr. Carl S. Cleveland III, president; Dr. Julia Bartlett, dean of chiropractic education; Dr. J.R. Dobson, instructor; Dr. Karen Doyle, director of Masters in Health Promotion; Dr. Robert Moore, director of clinical education; Dr. Ed Smith, assistant professor; Dr. Jon Wilson, assistant dean of chiropractic education; and Dr. Rebecca Wates, research coordinator. See page 35 for listing of research presented.

**Chiropractic program has new leadership**

Administration announces new leadership roles as part of the restructuring plan for Cleveland University-Kansas City’s College of Chiropractic.

**DURING THE PRESIDENT’S BRIEFING** on Jan. 15, 2016, Dr. Julia Bartlett, dean of chiropractic education at Cleveland University-Kansas City, unveiled a new academic leadership structure for Cleveland’s Doctor of Chiropractic program. As part of the restructuring plan, three members of the University’s clinical education team have accepted promotions and one Cleveland alumnus has been hired to fill four new positions.

Dr. Robert Moore ’95, associate chair of the clinical sciences department and clinic director, will now serve as director of clinical education.

Dr. Andrew Slavik, clinical sciences instructor and health center clinician, will now serve as assistant dean of clinical education.

Dr. Jon Wilson ’03, assistant professor in chiropractic and clinical sciences and a health center clinician, will now serve as assistant dean of chiropractic education.

Dr. Kendall Payne ’01, a field doctor from Overland Park, Kan., and former president of the Kansas Chiropractic Association, has been hired as director of clinical operations.

“I look forward to the opportunities that await in 2016 as we build on the current strengths of Cleveland’s Doctor of Chiropractic Program,” Bartlett said. “Our new academic leadership structure will position us to better accomplish our many goals and objectives, while meeting the needs of our students and our patients.”

Bartlett acknowledged and offered appreciation to Dr. Jill Davis ’07, Dr. Tom Nichols and Dr. Michael Whitehead for their years of service as department chairs, and to Dr. Rickard Thomas ’77 for his service as health center chief of staff.

**“Our new leadership structure will position us to better accomplish our many goals and objectives, while meeting the needs of our students and patients.”**

**DR. JULIA BARTLETT, DEAN OF CHIROPRACTIC EDUCATION**
Peer-Reviewed Publications

Dr. Brittany Gorres-Martens, faculty; Dr. Mark Pfefèr '88, director of research; and Angela Segovia, D.C. student. “Positive Outcomes Over Time with the Implementation of a Semi-Flipped Teaching Model.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Ed Smith, Faculty; Dr. Stephan Cooper '04, adjunct research faculty; and Dr. Mark Pfefèr '88, director of research. “Chiropractic Student Attitudes Toward the Patient Protection & Affordable Health Care Act.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Rebecca Wates, research coordinator; Dr. Mark Pfefèr '88, director of research; and Dr. Stephan Cooper '04, adjunct research faculty. “Awareness & Recognition of Ovarian Cancer in Chiropractic Practice.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Karen Doyle, MSHP program director; Dale Marrant, vice president of human resources; Sarah Shelnutt, undergraduate coordinator; and Dr. Mark Pfefèr '88, director of research. “Building a Culture of Workplace Wellness in a Chiropractic University Background.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Fabio Dal Bello; Patricia Bergesch; and Dr. Charles Blum ’80, adjunct research faculty. “The Influence of Chiropractic Treatment in Patients with Insulin Resistance Associated with Diabetes Type 2: A Case Series.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Thomas Bloink and Dr. Charles Blum ’80, adjunct research faculty. “Integration of SOT Cranial Therapy with an Occlusal splint for the Treatment of Obstructive Sleep Apnea.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Richard Gerado, Dr. David Shirazi and Dr. Charles Blum ’80, adjunct research faculty. “Chiropractic & Dental Care of a Patient with Temporomandibular and Sacroiliac Joint Hypermobility: A Case Report.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Jon Wilson ’03, assistant dean of chiropractic education; Dr. J.R. Dobson, faculty; Dr. Christopher Voll ’15; Dr. William Rutherford ’15, and Angela Segovia, D.C. student. “Do chiropractic students purchase and read textbooks?” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Richard Strunk, faculty; Dr. Kamraan Husain ’13; and Dr. Mark Pfefèr ’88, director of research. “The Effects of Multimodal Chiropractic Care on Pain & Disability in a Patient Diagnosed with Ehlers-Danlos Syndrome Hypermobility Type.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Jason Qualls ’07, faculty; Dr. Jon Wilson ’03, assistant dean of chiropractic education; Dr. Mark Pfefèr ’88, director of research; and Angela Segovia, D.C. student. “Chiropractic Student Attitudes Regarding Radiology Use.” *Journal of Chiropractic Education* (2015: Vol. 29, No. 1). ★

Dr. Robert Cooperstein; Dr. Elaine Cooperstein; and Dr. Charles Blum ’80, adjunct research faculty. “Assessment of Consistency Between the Arm-Fossa Test and Gillet Test: A Pilot Study.” *Journal of Chiropractic Medicine* (2015: Vol. 14, No. 1). ★

Peer-Reviewed Presentations


Dr. Mark Pfefèr ’88, director of research; Dr. Stephan Cooper ’04, adjunct research faculty; Priya Albee, D.C. student; Luke Lambert, D.C. student; and Angela Segovia, D.C. student. “Use of Biofreeze in Addition to Chiropractic Care Among Chronic Headache Patients: A Prospective Case Series.” Submission #164

Dr. Richard Strunk, faculty; Dr. Ed Smith, faculty; William Augello, D.C. student; Dr. Mark Pfefèr ’88, director of research; and Dr. Stephan Cooper ’04, adjunct research faculty. “Chiropractic Care in a Case of Cauda Equine Syndrome.” Submission #106

Dr. Jon Wilson ’03, assistant dean of chiropractic education; Marina Mangano, D.C. student; and Dr. Mark Pfefèr ’88, director of research. “Faculty Use of and Perceptions of Barriers to Using Available Institutionally Provided Educational Technology: A Case Study.” Submission #124

Dr. Rebecca Wates, research coordinator; Dr. Mark Pfefèr ’88, director of research; Dr. Edward Smith, faculty; and Angela Segovia, D.C. student. “The Determination of Health Literacy Among Patients Seen in a Chiropractic Teaching Clinic Using the Newest Vital Sign.” Submission #131

Dr. Shannon Vandaveer, Faculty; Dr. Mark Pfefèr ’88, director of research; and Dr. Jon Wilson ’03, faculty. “Adequacy of Cleaning Protocols for Instrument-Assisted Soft Tissue Mobilization Devices Used in a Teaching Clinic.” Submission #114

Ike Woodroof, D.C. student; Dr. Rebecca Wates, research coordinator; and Dr. Mark Pfefèr ’88, director of research. “The Meaning of It All: Evaluating Knowledge of Minimal Clinically Important Difference (MCID) Among Chiropractic Student interns.” Submission #80

Dr. Jason Qualls ’07, faculty; Christin Phillips, D.C. student; Dr. Mark Pfefèr ’88, director of research; and Angela Segovia, D.C. student. “Attitudes and Knowledge of Sports Injury Management: Survey of Chiropractic Interns” Submission #108

Dr. Ruth Sandefur ’67, adjunct research faculty; Dr. William McDonald; Dr. Rebecca Wates, research coordinator; Dr. Jon Wilson ’03, assistant dean of chiropractic education; and Dr. Mark Pfefèr ’88, director of research. “Attitudes & Perceptions of Chiropractic Care in the U.S.: A Survey” Submission #135 ★

★ Presented at the 2015 ACC-RAC, March 19-21, in Las Vegas.
Commencement exercises for the Class of April 2015 were held on Friday, April 17, at the Unity Church of Overland Park. Dr. Carl S. Cleveland III conferred 40 degrees during the ceremony. Dr. Kendall Payne, a 2001 Cleveland grad and former president of the Kansas Chiropractic Association, was the keynote speaker. Derrick Rocker, class valedictorian, also spoke before each member of the class was hooded, received their diploma and took the chiropractic oath.

**ACADEMIC HONORS**

**Magna Cum Laude**
Nathan Backer
Jarrett Cullens
Casey Gubbels
Trevor Hampton
Derrick Rocker
Micah Scudder
Kelsey Smading
Stephone Stephens

**Cum Laude**
Michael Colgrove
Samuel Elsasser
Hayley Knight
Robert Koehn
Whitney Rutledge
Keith Sparks
Jessica Stensland

**OTHER HONORS**

**Pi Tau Delta**
Jarrett Cullens
Robert Koehn
Stephone Stephens

**Clinic Service Award**
Jarrett Cullens
Hayley Knight
Mitchell Ludwig
Alex Miller
Derrick Rocker

**BRIAN ASBURY** / Valley Center, Kan.
**NATHAN BACKER** / Grand Island, Neb.
**BRANDON BECKERMAN** / Hutchinson, Kan.

**ADAM BEHM** / Papillion, Neb.
**AARON CLARY** / Overland Park, Kan.
**JUSTIN COLE** / Cleveland, Okla.

**MICHAEL COLGROVE** / Plattsmouth, Neb.
**ANGELA CONWAY** / Jefferson City, Mo.
**JARRETT CULLENS** / Sharon Springs, Kan.

**MICHELLE DICK** / Garden City, Kan.
**SAMUEL ELSASER** / Omaha, Neb.
**SARAH FROEHLICH** / Johnston, Iowa

**CASEY GUBBELS** / Randolph, Kan.
**TREVOR HAMPTON** / Bucyrus, Kan.
**BRET HEISER** / Fort Scott, Kan.
I know that we all have the skills to be great doctors. I want to sincerely thank all of my classmates for making this experience one I will never forget. Each of you have made a positive impact on my life.

— DERRICK ROCKER

Graduates Brandon Beckerman, Jordan Tennant, Tiffany Hoskins and Casey Gubbels pose for a photo with Dr. Erin Stubblefield at commencement.

CHARLENE HERMAN / Lawrence, Kan.
Tiffany Hoskins / Liberty, Mo.
ANDREW KELLY / Overland Park, Kan.
HAYLEY KNIGHT / Mountain Home, Ark.
ROBERT KOEHN / Wichita, Kan.

JOHN KRIM / Overland Park, Kan.
AARON LAWSON / Leadwood, Mo.
MITCHELL LUDWIG / Grand Island, Neb.
ALEX MILLER / Bonner Springs, Kan.
DEVIN MORTON / Mulvane, Kan.

DUSTIN MOSES / Wichita, Kan.
SIMON NOLTING / Nortonville, Kan.
JARED OBORNY / WaKeeney, Kan.
DERRICK ROCKER / Franklin, Neb.
WHITNEY RUTLEDGE / Olathe, Kan.

MICAH SCUDDER / Newport, Ark.
KELSEY SMADING / Independence, Kan.
KEITH SPARKS / Sedalia, Mo.
JESSICA STENSLAND / Fairmont, Kan.
STEPHONE STEPHENS / Topeka, Kan.

ANGELA STERLING / Blue Springs, Mo.
JORDAN TENNANT / Topeka, Kan.
KARA THOMAS / Pierce City, Neb.
CHASE VIFQUAIN / Lee’s Summit, Mo.
CURT WELTER / Hill City, Kan.
Commencement exercises for the Class of August 2015 were held on Friday, Aug. 14, in the Assembly Hall on campus. Dr. Carl S. Cleveland III conferred 30 degrees during the ceremony. Robert Regnier, an entrepreneur and president of Overland Park’s Bank of Blue Valley, served as the keynote speaker. Kayla Riggs, class valedictorian, also spoke before each member of the class was hooded, received their diploma and took the chiropractic oath.
You have the amazing opportunity and joy of being able to change peoples’ lives every day, and that is what will keep you passionate about this incredible profession.

— KAYLA RIGGS

Graduates James Casey, Alexander Hemme and Johnathon Copple are shown during the traditional “tossing of the cards” at commencement’s end.

ANDREW MALOY / Lenexa, Kan.
MARKUS MCCORMAC / Augusta, Kan.
COLIN MEYER / Olathe, Kan.
SEAN PALMER / Derby, Kan.
JUSTIN PANTLEO / Springfield, Mo.

CALEB PERRY / Prichard, W.V.
KAYLA RIGGS / Wall Lake, Iowa
TYLER RIGGS / Pittsburg, Kan.
TRAVIS ROGERS / Maumelle, Ark.

JAMES STALLBAUMER / Seneca, Kan.
KRAIG STECKLER / Broken Bow, Neb.
AMBER VANDE LINDE / Overland Park, Kan.

BRANDON WEBB / Diamond, Mo.
NATHANIEL WIECHMANN / Stillwell, Kan.

ASHLEY WIEDEL / Grand Island, Neb.
Commencement exercises for the Class of December 2015 were held on Friday, Dec. 11, at the Unity Church of Overland Park. Dr. Carl S. Cleveland III conferred 35 degrees during the ceremony. Will Shields, a former Kansas City Chiefs offensive lineman and NFL Hall of Famer, served as the keynote speaker. Michael Vander Veen, class valedictorian, also spoke before each member of the class was hooded, received their diploma and took the chiropractic oath.
My advice is to stay positive and focused. You have been given a great gift. Chiropractic is more powerful than you realize. We can do so much good with our two hands.

— MICHAEL VANDER VEEN

Graduates Heather Fay, Amina Karim and Rachel Girrens enjoy a moment of camaraderie during the social hour prior to commencement.

JOSHUA MAY / Wichita, Kan.
BRANDON MESEBERG / Gallatin, Mo.
JARED MEYER / Sioux Falls, S.D.
EYAN MLADENOFF JR. / Leawood, Kan.
ADAM MUSICH / Harlan, Iowa
KRISTIN PARKER / Colby, Kan.
COLE PASTERNAK / Independence, Kan.
CHRISTIN PHILLIPS / Stillwater, Okla.
JACOB POLZIN / Emporia, Kan.
HUBERT POWER / Ada, Okla.
ASHLEY ROBBINS / Emporia, Kan.
BREANNA RYAN / Lee’s Summit, Mo.
JENNIFER SANTA MARIA / Stillwell, Kan.
JENNIFER SHILLING / Whiting, Iowa
BROOKE SLOAN / Buffalo, Kan.
GARRETT SMITH / Kansas City, Mo.
MICHAEL VANDER VEEN / Worthington, Minn.
JONATHAN WALBURG / Hartley, Iowa
TIFFANY WALL / Grant, Neb.
SHAWN WARREN / Haysville, Kan.
So many smiling faces!

The smiling faces staring back at you from the photograph above were all gathered for a momentous occasion seven decades ago. It was April 20, 1946, and Cleveland Chiropractic College was honoring its graduates during a banquet at the Continental Hotel in Kansas City, Mo. Gov. Andrew Schoeppel of Kansas was the keynote speaker. Fast-forward 20 years, and Dr. Raymond Boring, the smiling gentleman in the photo to the right, was graduating along with his 1966 classmates. That’s 70 and 50 years ago, respectively, this year for those doing the math.

Source: Cleveland Archives, Dr. Joseph Keating Collection.
Dr. Dwight Gerred ’60, who passed away in 2005, set a shining example throughout his more than 40-year career with Cleveland, leaving a lasting legacy for the thousands who were fortunate enough to know him.

While serving as a faculty member, clinic director and executive vice president for Cleveland from 1962 to 2003, he was the role model for unwavering belief, commitment and active involvement. His every act and deed showed his belief in chiropractic and in Cleveland; steadfast adherence to his commitments, both personal and professional; willingness to give the time and effort necessary to be fully engaged with all he believed in; and ability to have a fun-filled and well-balanced life.

Gerred and Roxanna Hart married young, in 1953. At the time of Dwight’s death, they had been married more than 53 years. In 1956, he followed the footsteps of his brother, Bob, and enrolled in chiropractic college. He was active as a student and was president of Beta Chi Rho in 1959. Upon graduation, he joined his brother in practice. He practiced for more than 40 years.

Just a few years later, in 1962, he became a night school faculty member and in essence started a career at Cleveland that spanned more than 40 years. His knowledge, his business and leadership skills, and his undeniable interest in each and every student led him from the classroom to executive management. He was so important in so many roles. He was the one who served as the president’s “right hand man;” the one students would go to in times of greatest need; the one who could organize and energize the alumni base; and the one everyone knew would tell it like it is.

Gerred was active in the Council on Chiropractic Education and the Missouri State Chiropractors Association. He played a role in the implementation of Medicare coverage for chiropractic services. He was involved with the long-range plans to move the Kansas City campus to a bigger, more modern, and better-equipped campus.

The Gerreds gave their time, talents and support whenever needed, and were generous donors. Gerred was a charter member of the Ambassador’s Society and earned a spot in the elite Dr. C.S. Cleveland Sr. Society for his cumulative giving. In 1981, the Gerreds established the Gerred Family Scholarship, which to date has awarded $1,000 each to 51 students. At Homecoming 2015, this unwavering service was honored when the health center waiting room was renamed the Gerred Reception Area during a special ceremony.

The Gerreds were avid Kansas City Chiefs fans and season ticket holders; they and other Cleveland alumni had seats together for many years. They loved to dance and enjoyed homecomings and trips to Vegas. And, like so many other alumni, they loved the Lake of the Ozarks.

Gerred indeed set an example and left a legacy that will endure.
(Reunion doctors attend Homecoming for free!)

WHAT’S IN STORE? Postgraduate Education Seminars (20 Hours), Alumni Reunion Reception, Alumni Association Annual Meeting & Luncheon, Vendor Showcase & much more!

Beginning July 1, we encourage you to register online at the address below. cleveland.edu/alumni/homecoming2016