

CERTIFICATE IN SPORTS PERFORMANCE



Cleveland University
KANSAS CITY

Chiropractic and Health Sciences

ACADEMIC COURSEWORK

GRADUATE CERTIFICATE IN SPORTS PERFORMANCE

The graduate certificate in Sports Performance at Cleveland University-Kansas City (CUKC) is a 12-credit hour program offered online in 8-week modules. The program is designed for those in health, fitness, wellness and sports fields, including future and current doctors of chiropractic, who wish to advance their knowledge and abilities and provide science-based programming for their clients and patients. All courses in the certificate are required components of the Master of Science in Exercise Physiology & Sports Performance degree.

REQUIRED COURSES — 12 CREDIT HOURS

EXP 515	Physiology of Exercise	2
EXP 520	Exercise Nutrition	2
EXP 525	Kinesiology and Human Motion	2
EXP 530	Corrective Exercise in Prescription and Rehabilitation	2
EXP 535	Current Topics in Enhanced Performance	2
EXP 540	Exercise is Medicine	2

SINGLE TERM COMPLETION PLAN

6 credits per module

MODULE 1

EXP 515	Physiology of Exercise	2
EXP 520	Exercise Nutrition	2
EXP 525	Kinesiology and Human Motion	2

MODULE 2

EXP 530	Corrective Exercise in Prescription and Rehabilitation	2
EXP 535	Current Topics in Enhanced Performance	2
EXP 540	Exercise is Medicine	2

THREE TERM COMPLETION PLAN

4 credits per term

FIRST TERM

MODULE 1

EXP 515	Physiology of Exercise	2
---------	------------------------	---

MODULE 2

EXP 535	Current Topics in Enhanced Performance	2
---------	--	---

SECOND TERM

MODULE 1

EXP 525	Kinesiology and Human Motion	2
---------	------------------------------	---

MODULE 2

EXP 530	Corrective Exercise in Prescription and Rehabilitation	2
---------	--	---

THIRD TERM

MODULE 1

EXP 520	Exercise Nutrition	2
---------	--------------------	---

MODULE 2

EXP 540	Exercise is Medicine	2
---------	----------------------	---

HOW TO BEGIN

Current and future CUKC D.C. students with a bachelor's degree in the sports performance field may begin classes during the next scheduled start; students who do not have a bachelor's degree in the sports performance field may enroll after completion of the third trimester of the D.C. program.

WHY THE SPORTS PERFORMANCE CERTIFICATE?

A specialization in Sports Performance at CUKC is designed to provide:

Advanced knowledge and skills

Instruction in exercise physiology, biomechanics, and sports nutrition creates knowledge that can be applied in the design and implementation of training programs to enhance sports performance.

Higher earning potential

Additional specialty certifications communicate deep knowledge in complex subject areas.

Enhanced understanding of various topics

The Sports Performance Certificate coursework can be useful in research studies to advance knowledge and practice in the field, and lead to the development of new techniques and technologies for improving sports performance.

QUESTIONS?

Talk to an Admissions Advisor at
800.467.2252 or admissions@cleveland.edu.

Current students: reach out to your academic advisor and admissions for a plan to complete the program concurrently.